



Congleton Amateur Swimming Club

Code of Practice

Congleton Amateur Swimming Club is fully committed to safeguarding and promoting the well-being of all its members. The club believes that it is important that members, teachers, administrators, parents and guardians associated with the club should, at all times, show respect and understanding for the safety and welfare of others. Therefore, members are encouraged to be open at all times and to share any concerns or complaints that they may have about any aspect of the club with Bill Wolstencroft, Chair of CASC or the Secretary, Sue Conway. There is a dedicated email address for safeguarding concerns: welfare.congletonasc@talktalk.net.

3. Parents, Carers and Guardians

As a parent, carer or guardian, you are expected to:

- ✓ 1. Complete and return the Junior Registration Form for under 18s, with any details of health conditions, disabilities or concerns relevant to your child. The leisure centre advises that you should request medical approval prior to a junior swimming if they have: a heart problem; epilepsy; diabetes; asthma; proneness to frequent blackouts or fainting; or are under medication which may affect their performance. Any change to the state of your child's health should be reported to the teacher prior to teaching sessions. Ensure that the club has up-to-date contact details for you and any alternative person;
- ✓ 2. Swimmers with the following must not enter the water: vomiting or diarrhea (within the past 48 hours); an infectious skin rash; an open wound; or an ear infection;
- ✓ 3. Deliver and collect your child punctually from teaching sessions and inform the club if there is an unavoidable problem;
- ✓ 4. Ensure your child is appropriately and adequately attired for the teaching session including all required equipment (e.g. goggles, hats if wanted)
- ✓ 5. Encourage your child to use the toilet and shower before swimming
- ✓ 6. Inform the teacher or welfare officer before a session if your child is to be collected early from a teaching session and if so, by whom;
- ✓ 7. Encourage your child to obey rules and teach them that they can only do their best;
- ✓ 8. Behave responsibly as a spectator at teaching sessions and treat swimmers, teachers, volunteers, committee members and other parents, carers and guardians with due respect;
- ✓ 9. Ensure that you do not use inappropriate language within the club environment;
- ✓ 10. Show appreciation and support to your child and other club members;
- ✓ 11. Raise any concern you have with the club Chair, Bill Wolstencroft whose details can be obtained at the club reception desk, or by emailing congletonasc@talktalknet;
- ✓ 12. Do not enter poolside unless requested to do so or in an emergency. If you wish to have a discussion with the teacher, check with the reception volunteer to see how this can be

arranged;

The club will undertake to:

- ✓ 1. Inform you at once if your child is ill and ensure their well-being until you are able to collect him or her;
- ✓ 2. Ensure good child safeguarding procedures are followed at all times to keep your child safe;
- ✓ 3. Ensure all activities are properly supervised;
- ✓ 4. Pay for a trained lifeguard from Congleton Leisure Centre to be on duty at each session.

You have the right to make a complaint to the club if you feel that the club or a member is not acting appropriate to the club rules and regulations. Details of how to do this can be obtained from the club reception or by emailing congletonasc@talktalk.net.

Please note that no swimmer is to go onto the poolside at the beginning of a session until permitted by the lead teacher.

References

Congleton Amateur Swimming Club Child Protection Policy and Procedure

Code of Practice 1 Swimmers

Code of Practice 2 Committee members and volunteers

Code of Practice 4 Teachers and poolside helpers

Code of Practice 5 Changing room policy

CASC Pool Operating Safety Instructions